



# MST TEXAS NEWSLETTER

**MAY 2025**
**Written By : Dr. Sujeeta Menon**

## Provider Spotlight

Happy MST Anniversary to **Tropical Texas Behavioral Health (2 years)** and **Permiacare (1 year)** for making an incredible impact on the youth and families served through Multisystemic Therapy! Here is a shout out to the Team Supervisors.


[ttbh.org](http://ttbh.org)


**Leticia Benavides, LPC**  
MST Supervisor

**Monica Rodriguez, MPA**  
MST Back-Up Supervisor

"Letty has really stepped up to the plate by taking on a second team which is always a significant commitment from an MST supervisor. She communicates clearly and often, pays close attention to use of the analytical process, and is always open to feedback. It has been a pleasure to work with such a dedicated supervisor."

– **Brandon Becker, MST Expert**

"Monica's visionary leadership and unwavering compassion for youth and families transcend into all her roles at TTBH, her MST Teams, and to local stakeholders. Her ongoing collaboration and enthusiasm made implementation and continuum support services an honor to serve Texas alongside her. She leads not only with expertise and professionalism but with heart. Thank you for empowering every team and project member. You are making a lasting impact on the MST project in your service area."

– **Deidra Ewing, EBA TX Project Director**


<http://permiacare.org>


**Chandra Wiginton, LPC**  
MST Supervisor

**Gabby Salazar, LMSW**  
MST Back-Up Supervisor

"It has been such a pleasure to get to know Chandra since she has come into her role as the MST Supervisor/Program Manager. Chandra has a commitment to excellence and does whatever it takes to ensure her staff have what they need to provide the highest quality services to their families. Her leadership has translated to multiple successful case closures, and I am confident this team will continue to have strong outcomes this year."

"Since starting with MST, Gabby has flourished in the model. She is continuously looking for opportunities to push herself and grow and never shies away from constructive feedback. Gabby has positioned herself to be a leader on the team and has gone above and beyond supporting new clinicians as they have been hired. In addition to all that, Gabby demonstrates a positive and strengths-focused attitude that is instrumental in engaging families in treatment."

– **Morgan Guy, MST Expert**



## MST Texas Project Ultimate Outcomes:

**January 1, 2023– April 30, 2025**

**855 Youth & Families Served**



**86%**  
**Living at Home**



**88%**  
**In School/ Working**



**89%**  
**No New Arrests**

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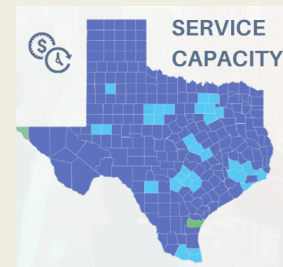
## Hiring and Recruitment



Therapist positions filled



Supervisor positions filled



- Congratulations to all our Providers for retaining a highly qualified workforce!
- **Please continue to inform us of any staffing changes as it helps us with tracking the number of positions open and need to be filled. If there are any staffing changes within your team, or you have an open position, please email EBA at [dewing@ebanetwork.com](mailto:dewing@ebanetwork.com).**
- EBA will work alongside you to help fill the position. You can find career opportunities at <https://evidencebasedassociates.com/careers/>

### Proudly brought to you by the EBA Project Team



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### May is Mental Health Awareness Month!



The mental health awareness month toolkit and resources can be accessed [here!](#)

**How are you taking care of your mental health today?**

For more information about Evidence-Based Associates (EBA), please visit our [Texas MST Project Website](#) and add us on [LinkedIn](#)

## REMINDERS

### HHSC TA CALL

**HHSC TA call is now quarterly!** The next call is scheduled for **July 17, 2024 at 10 am CT**. This call is for both cohorts. Thanks in advance for reviewing the following covering the last quarter period (**April 1, 2025 – June 30, 2025**).

- Total number of open cases and discharges.
- Total number of referrals and any referral trends (i.e. an increase in child welfare referrals, majority probation referrals, etc.). Bonus points go to those who decide to share the total number of referrals and cases served since conception.
- Success story or a highlight about a therapist on your team.
- Training: Any upcoming scheduled trainings for you or your staff (i.e. boosters, etc.)

### INTERNAL OPERATIONS

1. **SAVE THE DATE!** The next Internal Operations call is scheduled for **May 23, 2025 at 10 am CT**. This will be a Meet and Greet with TJJD local representations.
2. The **recording** of the "Overview of Texas MST project" can be found [here!](#)
3. **New! MST Virtual Orientation training- May 21-22, 2025. Register here!**
4. **New Coding System is now in effect!** Please refer to the new coding instructions and video for reference.
4. **The success story link** is open for submission. Please submit [here!](#)
5. **A contact list for the Texas MST project has been created for distribution. It is also included on the HHSC Share point** and is shared on our [website](#) ( Communications)
6. Remember to remind your families to do their **TAMS!**

**Thank you and Happy May!**