

MST TEXAS NEWSLETTER

APRIL 2025

Written By : Dr. Sujeeta Menon

Provider Spotlight

Congratulations to **Bluebonnet Trails Community Services** and **North Texas Behavioral Health Authority (Ellis)** for making an incredible impact on the youth and families served through Multisystemic Therapy the last two years! Here is a shout out to the Team Supervisors.



Lauren O'Brien, LPC
MST Supervisor



Britni Mueck, LPC
MST Back-Up Supervisor

"It has been amazing to work with Lauren and see her growth over the last two years. Lauren has exceptional clinical skills in which she has been able to apply to her work in MST and with her team. She has successfully built a collaborative team culture at Bluebonnet, and this is reflected in great outcomes from the team member's work with the families they serve."

– **Kimberly Duncan, MST Expert**

"Britni exemplifies the definition of visionary leadership. Over the past two years, she's led her MST program and team with passion, efficiency, and strategic planning. She maintains a clear vision, guiding her team and colleagues toward innovative solutions and growth while fostering an inclusive, collaborative environment. It's been an honor working alongside her."

– **Deidra Ewing, EBA TX Project Director**



Dr. Candice McKenzie, LPC-A
MST Supervisor



Janet Buchanan, LPC
MST Back-Up Supervisor

"Janet has been an amazing advocate and support for the MST teams at NTBHA. For the past two years, she has been guiding the teams in getting "off the ground" and establishing their identity. Her amazing dedication to seeing MST become established in their region has been valuable for the success of NTBHA and supporting changes in families and juveniles. Candice has taken her passion for helping others and abilities to clinically understand a problem to guide her team of MST Therapists in learning and applying the MST model. Her direction has strengthened the foundation of the team and supported the amazing results they are seeing in Ellis County."

– **Issac Westdorp, MST Expert**



MST Texas Project Ultimate Outcomes:

January 1, 2023– March 31, 2025

790 Youth & Families Served



86%
Living at Home



87%
In School/ Working



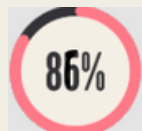
89%
No New Arrests

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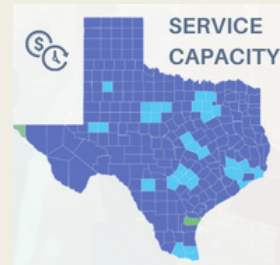
Hiring and Recruitment



Therapist positions filled



Supervisor positions filled



- A hiring profile has been created to understand hiring trends, retention, MST staff tenure, license type and salary ranges in Texas. Please refer to the document emailed on 02.28.2025.
- **Please continue to inform us of any staffing changes as it helps us with tracking the number of positions open and need to be filled. If there are any staffing changes within your team, or you have an open position, please email EBA at dewing@ebanetwork.com.**
- EBA will work alongside you to help fill the position. You can find career opportunities at <https://evidencebasedassociates.com/careers/>

Proudly brought to you by the EBA Project Team



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April is Second Chance Month!

To showcase the impact of MST for youth seeking second chances at reentry, please visit [Second Chance Social Media Toolkit](#) or share some success stories with your stakeholders!



For more information about Evidence-Based Associates (EBA), please visit our [Texas MST Project Website](#) and add us on [LinkedIn](#)

REMINDERS

HHSC TA CALL

HHSC TA call is now quarterly! The next call is scheduled for **April 17, 2024 at 10 am CT**. This call is for both cohorts. Thanks in advance for reviewing the following covering the last quarter period (**January 1, 2025 – March 31, 2025**).

- Total number of open cases and discharges.
- Total number of referrals and any referral trends (i.e. an increase in child welfare referrals, majority probation referrals, etc.). Bonus points go to those who decide to share the total number of referrals and cases served since conception.
- Success story or a highlight about a therapist on your team.
- Training: Any upcoming scheduled trainings for you or your staff (i.e. boosters, etc.)

INTERNAL OPERATIONS

1. **SAVE THE DATE!** The next Internal Operations call is scheduled for **April 25, 2025 at 10 am CT**. This meeting is open to all your stakeholders. A presentation on the “Overview of the MST Texas project” will be shared. The invite link for your stakeholders is here: [Registration Link](#)
2. We are looking for Providers willing to **share success stories referred by DFPS**. Please email Dr. Menon at smenon@ebanetwork.com.
3. **New Coding System is now in effect!** Please refer to the new coding instructions and video for reference.
4. The **success story link** is open for submission. Please submit at <https://forms.office.com/r/ruayk4jKWU>
5. A **contact list for the Texas MST project** has been created for distribution. It is also included on the [HHSC Sharepoint](#)
6. Remember to remind your families to do their **TAMS!**
7. We are asking for **feedback** to serve you better! Please complete this link <https://forms.office.com/r/Nkr6x9xGGH> by **April 25, 2025**.

Thank you and Happy Spring!