

Expanding EBPs in Virginia

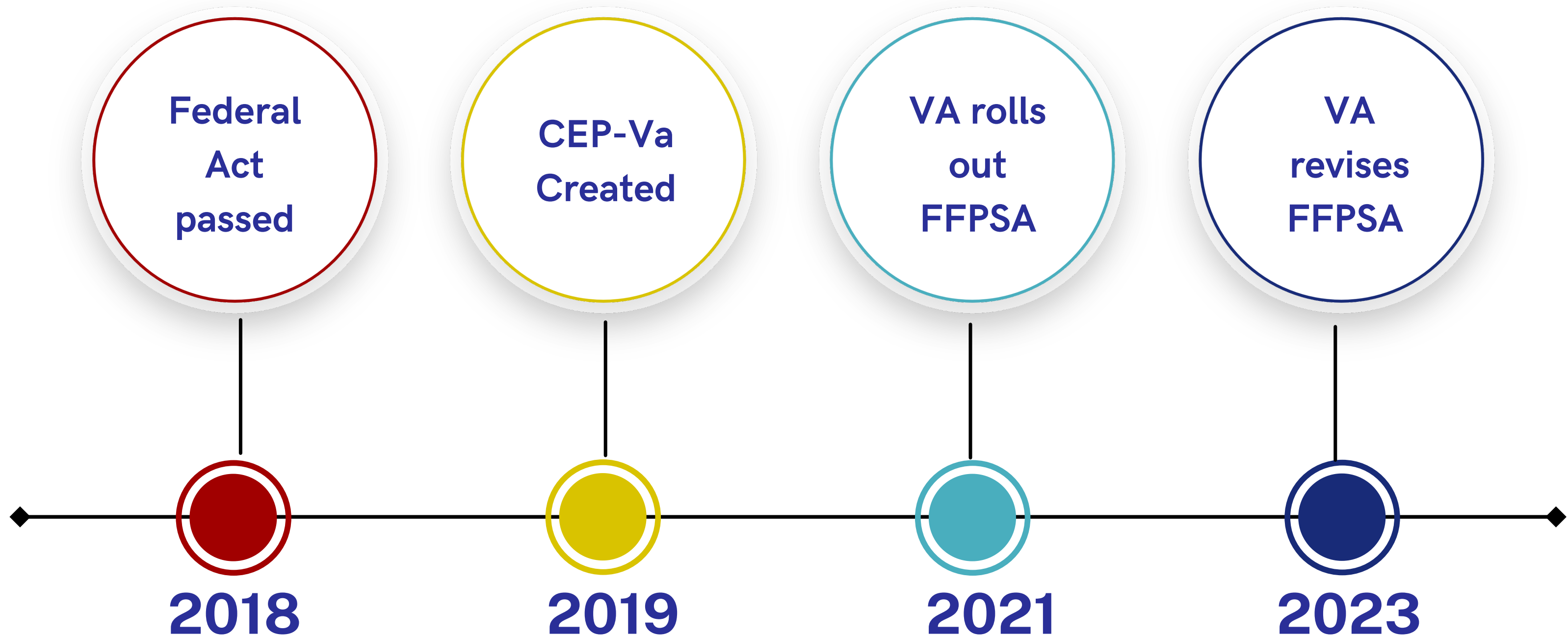
Ashley Sandman

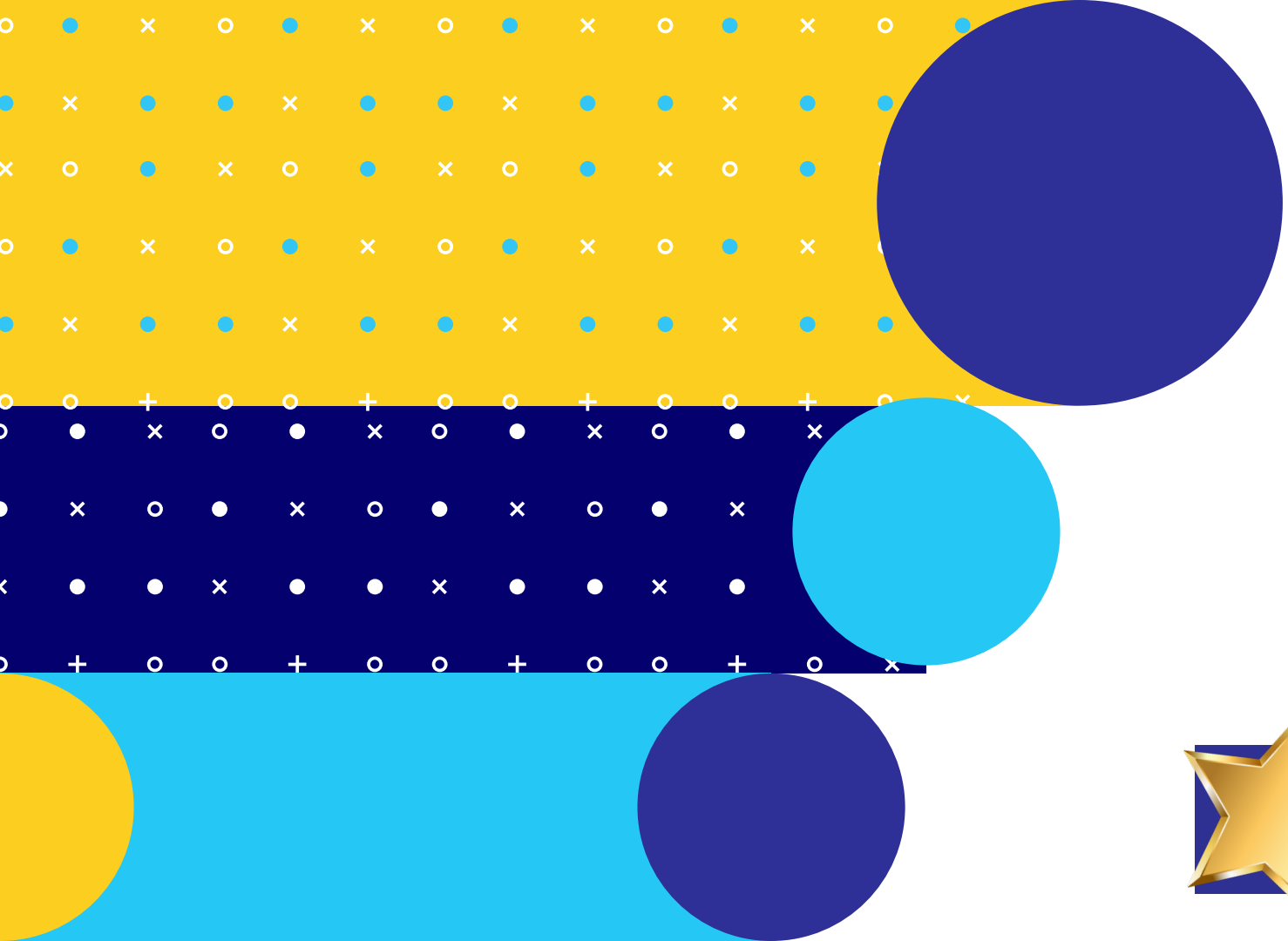
Center for Evidence-Based Partnerships of VA
Partner Engagement Director



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EVIDENCE-BASED
PARTNERSHIPS

Family First Prevention Services Act





FFT

MST

 BSFT

PCIT

 FCU

 Homebuilders

0

1

18

Evidence-based Program	Age Range	Problem Area	Outcomes*	Funding Source
Brief Strategic Family Therapy (BSFT®)	6-17	Dysfunctional family patterns; Children with serious behavioral problems	Lower likelihood of future law involvement	Family First, CSA
Family Check-Up (FCU)	2-17	Any issue plus lack of motivation for treatment; Disengaged family members	Greater likelihood to engage in treatment that follows; Family wellbeing	Family First, CSA
Functional Family Therapy (FFT)	11-18	Youth substance use, disruptive behavior and conduct issues, depression; Family conflict	Better coping skills; greater family cohesion	Family First, CSA, Medicaid
High Fidelity Wraparound (HFW)	0-18	Youth substance use, disruptive behavior and conduct issues, depression; Family conflict	Better coping skills; greater family cohesion	Family First, CSA
Homebuilders	0-17	Crisis; Children at imminent risk of removal, or seeking reunification	Placement stability through created change in the family system	Family First, CSA
Multisystemic Therapy (MST)	12-17	Conduct issues; Truancy; Law involvement; Poor parent mental health	Increase parent's effectiveness, reduce law involvement; Less disruptive behavior	Family First, CSA, Medicaid
Parent-Child Interaction Therapy (PCIT)	2-7	Defiance, aggression, extreme mood swings; Ineffective social skills; Safety concerns	Positive parenting skills; decreased parent sadness and irritability; Stronger parent-child bond	Family First, CSA, Medicaid

Accessing Family First Prevention Services Training Award

SUPPLEMENTAL APPLICATION PROCESS

VDSS and CEP-Va are looking to provide supplemental funding for training in Evidence-Based Programs in order to strengthen and secure existing EBP teams that are working to prevent foster care placements across VA.

WHO IS ELIGIBLE?

- Private Providers, CSBs, Mental Health/Behavioral Health Providers who are providing a Family First EBP
- Providers who have already received the Title IV-E Prevention Services Training Award.

WHAT IS FUNDED?

- Training for new replacement staff
- Additional consultation
- Infrastructure materials required for the EBP i.e. technical materials, two-way mirrors, etc.

STEP 1: PREP

Assess existing Family First EBPs and prepare a cost estimate and a brief rationale for your supplemental funding request.

STEP 2: VISIT

Visit www.cep-va.org
> [Resources](#)
> [Title IV-E Pre-existing EPB Team Supplemental Awards](#)

STEP 3: APPLY

Complete the Supplemental Award request fully or reach out with any questions.

Learn more at www.cep-va.org
Questions? Contact Ashley Sandman sandmanale@vcu.edu
or Tori Sanborn sanbornt@vcu.edu



APPLICATION PROCESS



VDSS and CEP-Va are looking to provide funding for training in Evidence-Based Programs in order to expand EBPs in Virginia to prevent foster care.

WHO IS ELIGIBLE?

- Mental Health/ Behavioral health Providers
- CSBs
- Private Providers that are or are not connected to FAPT

WHAT IS FUNDED?

- Training and consultation
- Workshops
- EBP required materials, i.e. technology

WHERE CAN I LEARN MORE?

- Visit us at cep-va.org
- Email us:
Ashley Sandman-
sandmanale@vcu.edu
Tori Sanborn-
sanbornt@vcu.edu

STEP 1 RESEARCH

Assess your community then select Family First EBP.

Available EBPs:

- Multisystemic Therapy (MST)
- Functional Family Therapy (FFT)
- Parent-Child Interaction Therapy (PCIT)
- Brief Strategic Family Therapy (BSFT)
- Home Builders
- Family Check-Up (FCU)

STEP 2 APPLY

Complete application at www.cep-va.org:

- Questionnaire
- Demonstration of Need
- Letter of Support
- Training Matrix

Visit www.cep-va.org, click on "Resources" for a detailed description the process.

www.cep-vva.org/cepva-resources



Request for Applications

Title IV-E Prevention Services
Training Award

cep-vva.org



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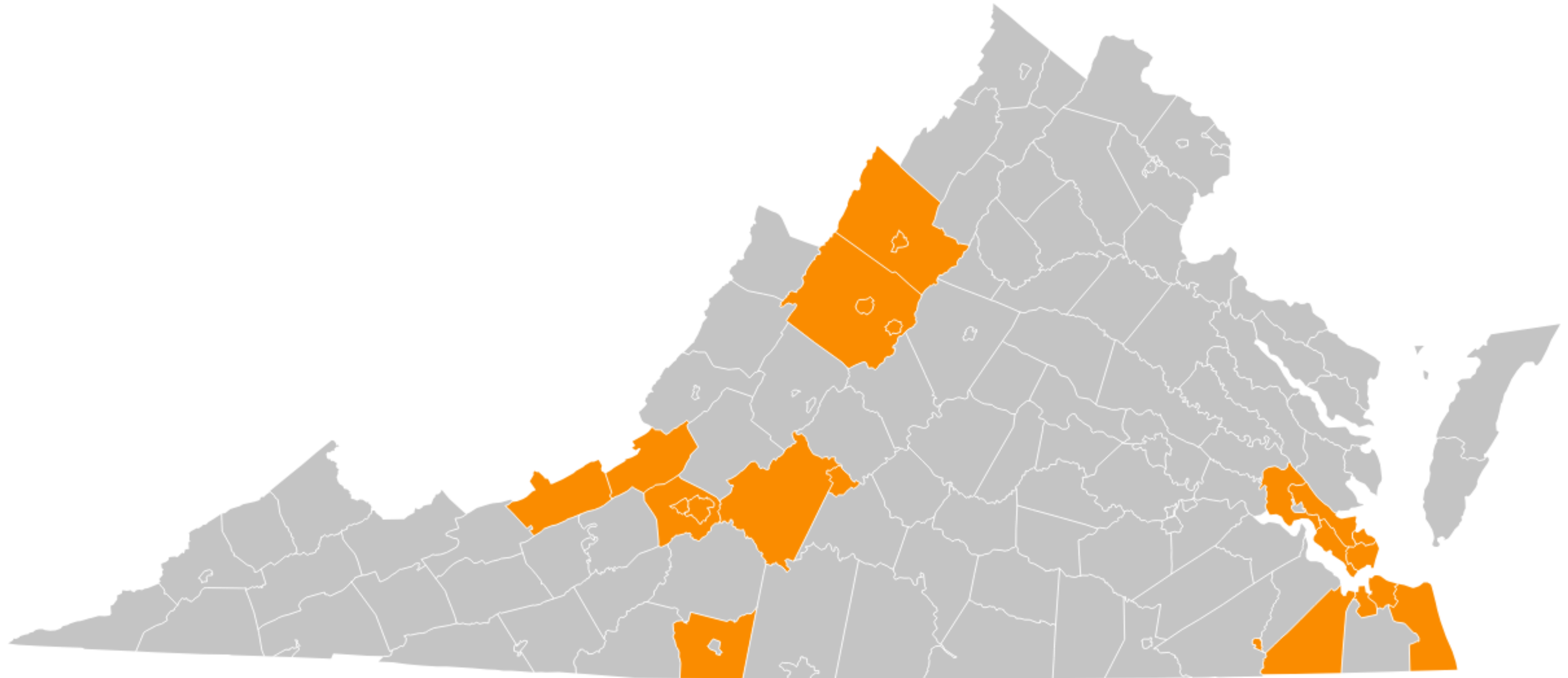
as of August 2023

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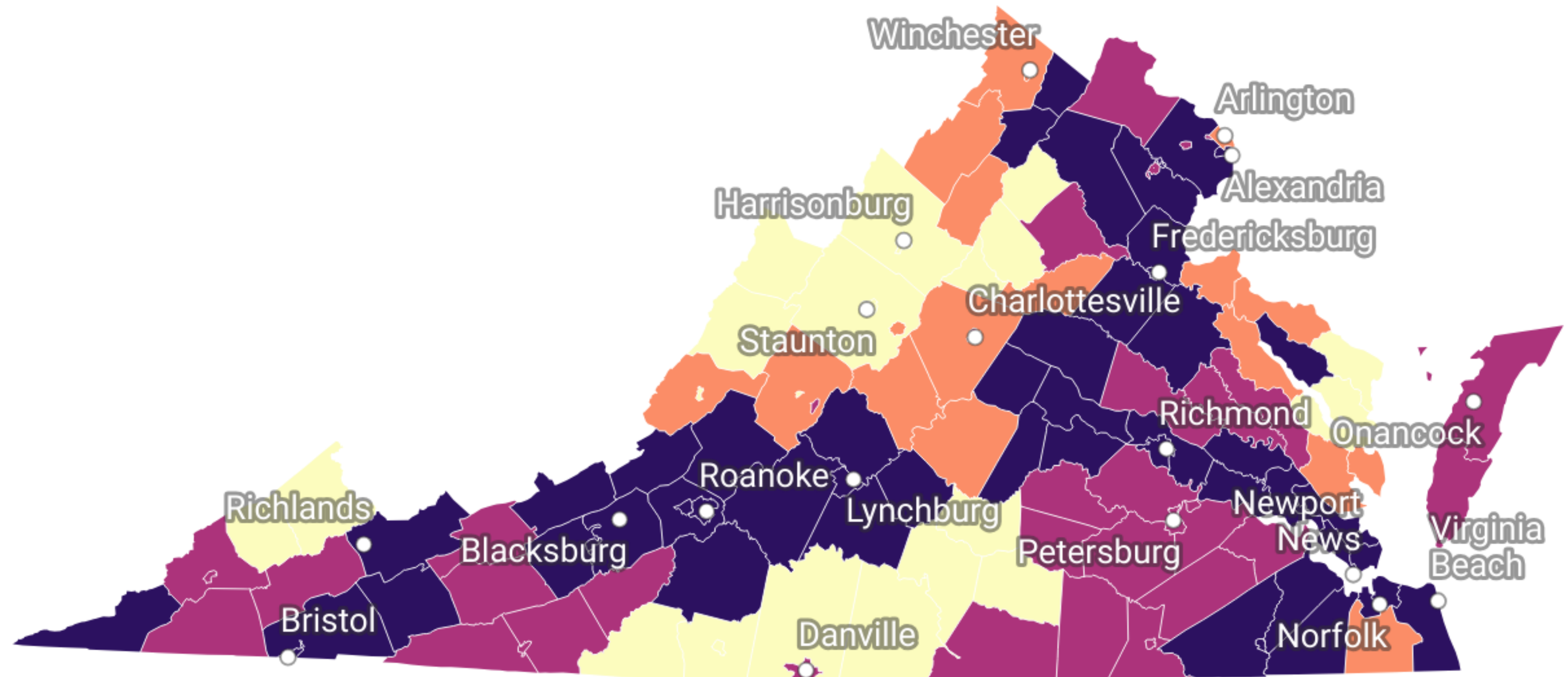
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[MST and FFT Teams in Virginia]

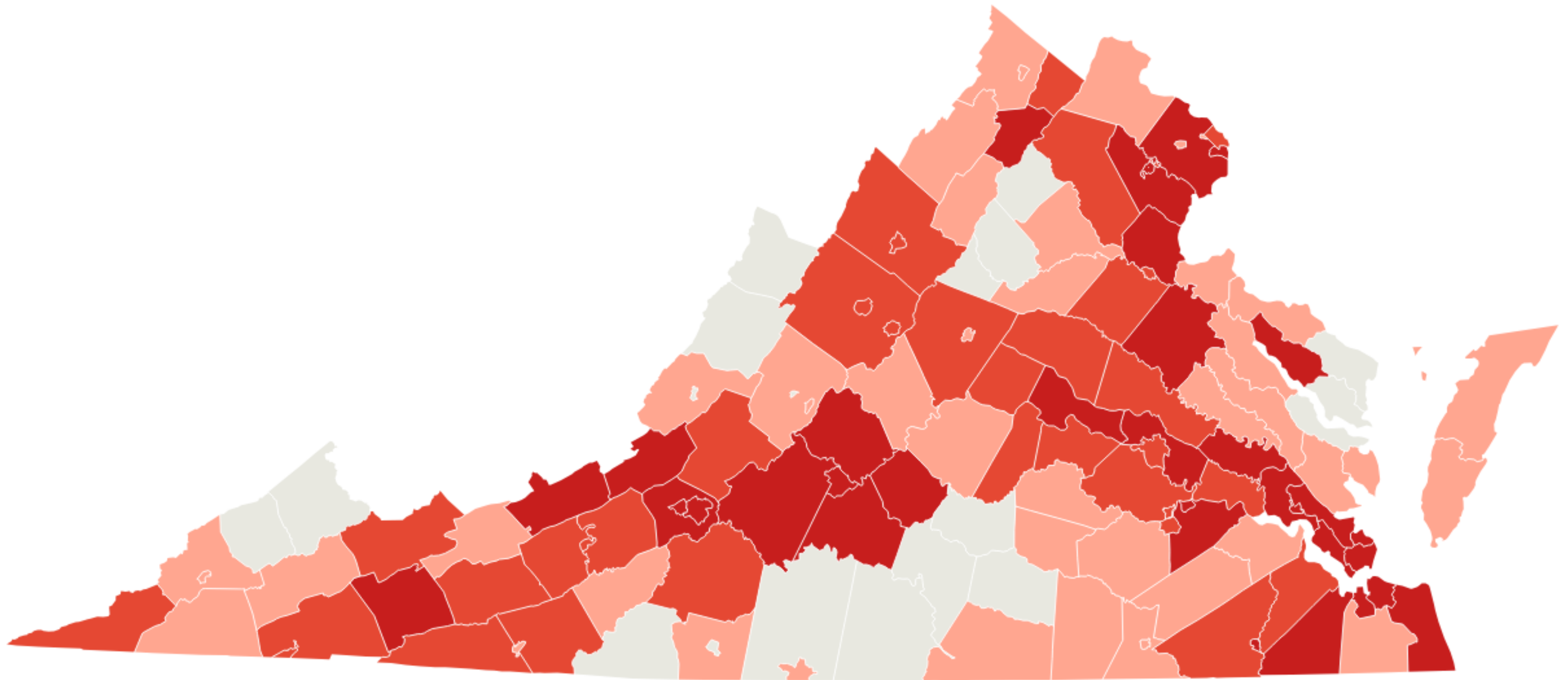
None MST FFT Both

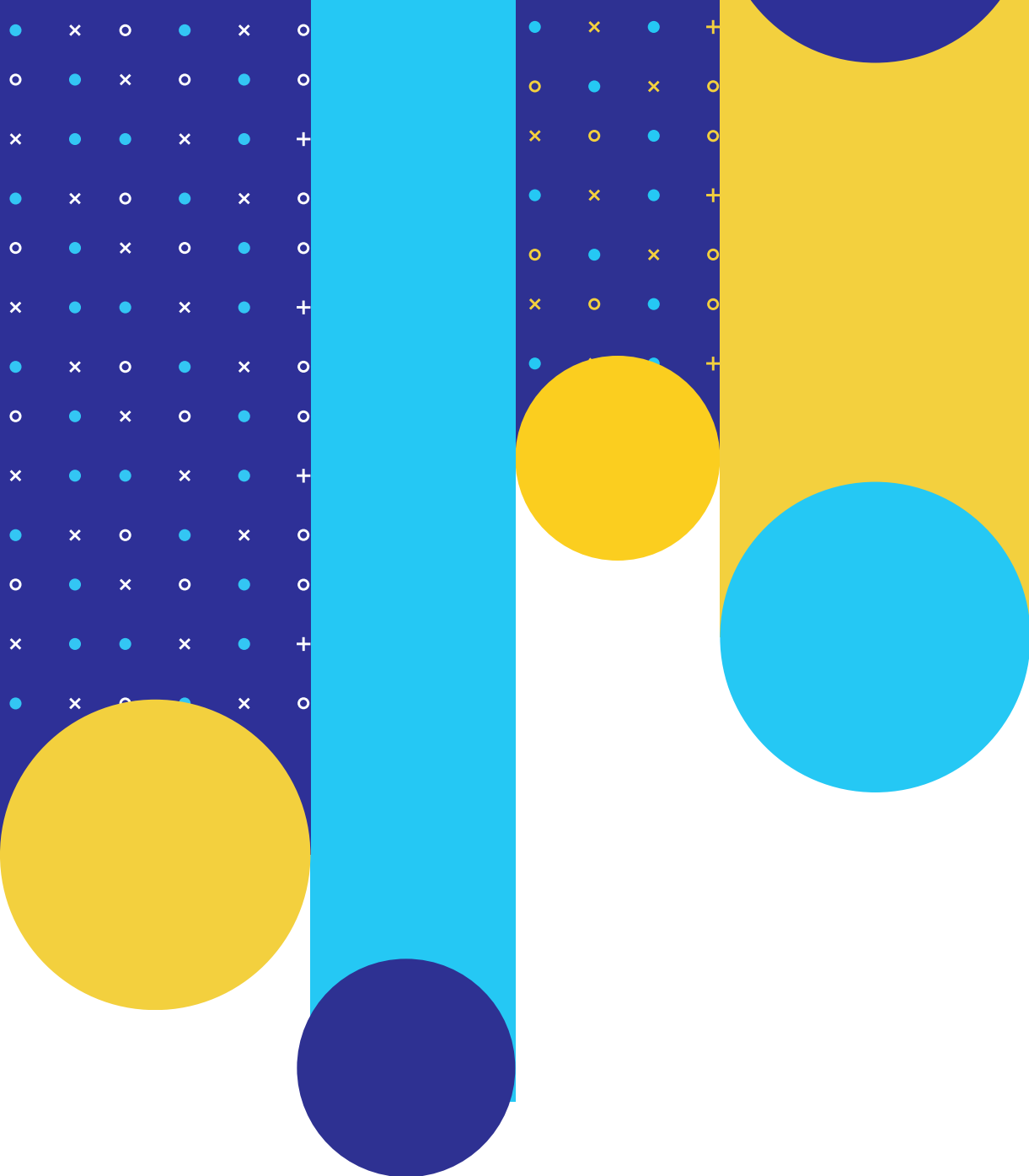


EBP Saturation

Number of teams or sites, as of August 2023

0 1 2 3 4+





EBP Finder



Virginia's Evidence-based Programs Finder

Virginia's Evidence-based Programs (EBP) Finder provides access to a regularly updated listing of the EBPs available in Virginia. The list can be filtered by EBP, locality, or both.

All Localities

All Evidence-based Programs

Showing 25 of 24 provider agencies

Western Tidewater Community Services Board

7075 HarbourView Blvd
Suffolk VA 23435

<https://www.wtcsb.org/>
Email: info@wtcsb.org
Phone: (757) 758-6206

1 Evidence-based Program

- Functional Family Therapy (FFT)

Family Preservation Services Winchester

3263 Spaworth Drive
Winchester VA 22602

<https://fpss.org.com/winchester-ga/>
Email: Referrals@FPSCorp.com
Phone: (540) 526-0043
Fax: (540) 526-0013

1 Evidence-based Program

- Multi-Systemic Therapy (MST)

Compass NOVA

7622 Coppemire Drive
Manassas VA 20108

<https://compassnova.com/location/nova/>
Email: mary@compassnova.com
Phone: (703) 496-7854
Fax: (571) 558-6764

1 Evidence-based Program

- Multi-Systemic Therapy (MST)

- Resource designed for and with service planners to locate EBPs available in their area
- This tool is the primary focus for continued development in FY24 and FY25





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