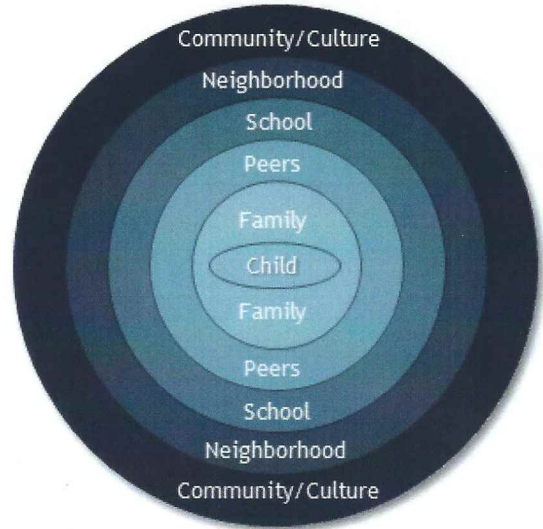


What is Multisystemic Therapy (MST[®])?

Therapists work in the home, school and community, and a team member is on call 24/7 to provide caregivers with the tools they need to transform the lives of troubled youth. Research demonstrates that MST[®] reduces criminal activity and other undesirable behavior.

Ecological Model



MST Works for Families and Communities

MST is an evidence-based program that empowers youth (aged 12 - 17) and their families to function responsibly over the long term. MST reduces delinquent and antisocial behavior by addressing the core causes of such conduct - and views the client as a network of systems including family, peers, school, and neighborhood. Therapists have small caseloads and provide services in the home at times convenient to the family. The average length of treatment is between 3 and 5 months, and therapists and provider agencies are held accountable for achieving change and positive outcomes.

Proven Results 70+ Published Studies

