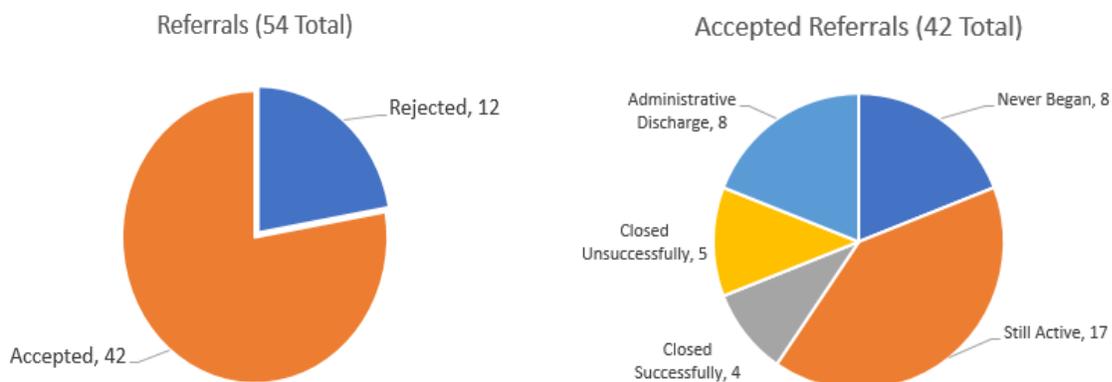


# LMC Bay County FFT-CW Year in Review- January- June 2020

**I. Description-** With funding from Federal Block Grants in collaboration with Big Bend CBC as the Managing Entity for Florida Department of Children, contracted with Life Management Center (LMC) as the provider agency to implement The Family Stabilization Program using the evidence-based model of Functional Family Therapy- Child Welfare (FFT-CW) as a means of supporting family cohesion and providing an alternative to placement or an option for reunification. LMC subcontracted with Evidence-Based Associates for start-up, implementation and continuous quality assurance support.

## II. Numbers

**Referral Status** - 12 referrals were rejected as not meeting eligibility for family therapy services because the initial family unit was not intact (youth runaway or placed in residential or permanent/long term caretaker not identified or available).

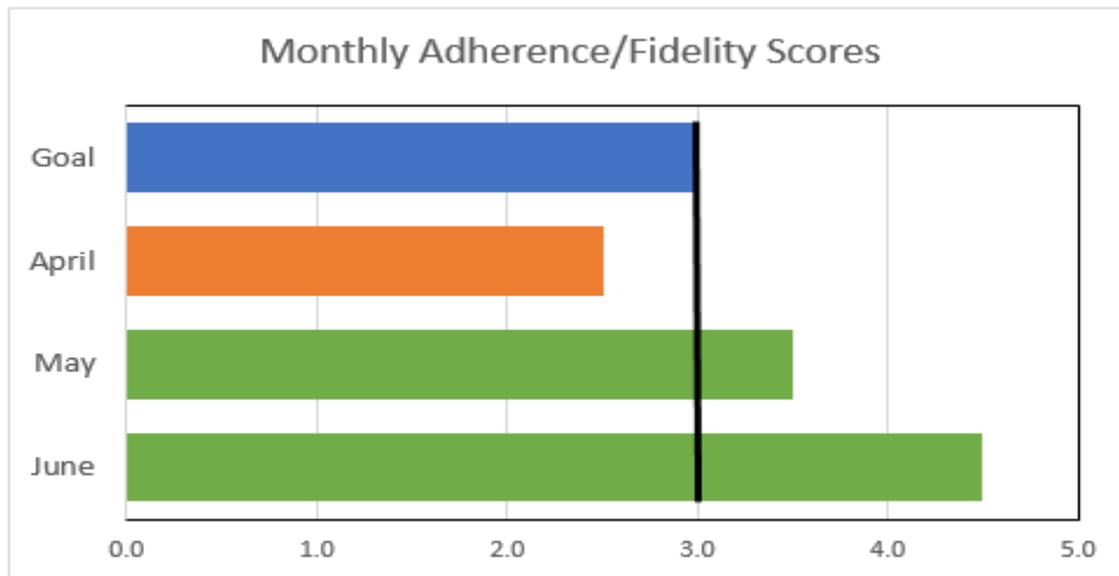


### Accepted Outcomes -

8 cases referred never began because the family refused services or was unable to be contacted.

8 Administrative because youth were moved by DCF into a facility or other foster care setting, or families moved out of the service area.

III. **FFT-CW**- is a strengths-based model focused on assessment and intervention to address risk and protective factors within and outside a family. The child welfare adaption of the model responds to the complex needs of children and families with a history of abuse and neglect, integrating a developmental focus to meet the needs of children newborn to 18 as well as all members of the family to address mental health, substance abuse and behavioral needs of the parents.



**Adherence/Fidelity ratings-** Each week when the therapist presents their case they are evaluated and scored by the national consultant on their adherence in applying the model as intended and their competence in the skills in which they apply the model with the family. Both the amount and the quality of the model clinical interventions are evaluated.

#### IV Goals 20-21

- **FFT Phase 2** – Identify and train one of the current team therapist for on-site supervisor position.
- **Stakeholder expansion and collaboration-** Increase communication with and provide ongoing training for referral sources to decrease inappropriate referrals that are rejected and/ or administratively discharged.
- **Continue to maintain or increase % of youth who do not re-enter care within 12 months of discharge from FFT in Bay County.**

