

# High Fidelity Wrap | Intensive Care Coordination

HFW is a team-based, collaborative planning process for developing and implementing individualized care plans for children with behavioral health challenges and their families. **HFW is a process** (not a traditional treatment service), **coordination of systems/services** and natural supports family capacity; positive outcomes result when the process is followed to fidelity.

## Program Components

Wraparound case coordination process with Four phases: Engagement, Planning, Implementation, and Transition

Regular team meetings  
Family Voice and Choice  
Family and community engagement  
Progress Monitoring  
Individualized Planning  
Collaboration and Integration

Specific tools include:  
Band Aid (safety) Plan, Strength, Needs, and Culture Discovery, Initial Action Plan, Crisis Prevention Plan, ongoing action plans, and transition plan throughout the HFW model.

## Targets

- Family-driven need identification.
- Risk of placement and multiple system involvement.
- Family (conflict Management, parental support)
- School/Education (attendance, conduct)
- Community/Peers, Attitudes/Beliefs, Skills
- Attachment to positively influencing peer(s)
- Tolerance for frustration
- Consequential Thinking Skills
- Development of Impulse-control skills
- Problem-solving skills
- Goal-setting skills
- Empathy/Understanding impact of behavior on others
- Willingness to make amends

## Immediate Outcomes

- To meet the stated needs (not services) prioritized by the youth and family,
- Improve the youth/family's ability and confidence to manage their own services and supports.
- Develop or strengthen the youth/family's natural support system over time
- Integrate the work of all child serving systems and natural supports into one streamlined plan (Single Plan of Care)
- Lower caregiver stress
- Higher coordination among professionals and family.
- Youth stabilize in the home community or transition from out-of-home placement

## Long Term Outcomes

- Youth at home and in school.
- Self- Efficacy
- Development and engagement with Natural Supports
- The goal is for the family to become able to successfully identify, plan for, and meet their own needs.

# Wraparound

Multiple Proposed Mechanisms of Effect, Two Main Paths to Positive Outcomes

