



**FOR IMMEDIATE RELEASE**

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## **Functional Family Therapy announced as well-supported option for Family First Prevention Services Act**

**Seattle, WA --** [The Title IV-E Prevention Services Clearinghouse](#) has announced the first slate of options for the [Family First Prevention Services Act](#) and [Functional Family Therapy](#) (FFT), as provided by FFT LLC, has been ranked as one of only five well-supported programs.

The Title IV- E Prevention Services Clearinghouse was established by the Administration for Children and Families (ACF) within the U.S. Department of Health and Human Services (HHS) to conduct an objective and transparent review of research on programs and services intended to provide enhanced support to children and families and prevent foster care placements.

Prevention Services determines what services can be funded under the Family First Prevention Services Act, which was passed in February 2018 and is expected to take effect in October 2019. It enables states to use the Title IV-E entitlement to fund services aimed at working with parents without the need for family separation. Those services must be evidence-based and apply to three areas: parenting, substance abuse treatment and mental health interventions. Under this act, eight million dollars will be appropriated for competitive grants to support recruitment and retention of high quality foster families. Additionally, five million dollars in grants will be available to states to assist with implementation of processing system

FFT, founded in the 1970s by Dr. James F. Alexander, is a short-term, high-quality family intervention model used with households that include an adolescent exhibiting conduct disorder, substance abuse or is acting out violently. Services are conducted in both clinic and home settings, and can also be provided in schools, child welfare facilities, probation and parole offices/aftercare systems and mental health facilities.

“We are pleased to be among the first services approved for this Clearinghouse,” said Doug Kopp, chief executive officer of FFT. “This is a groundbreaking moment for our organization and will surely make a lasting impact in the lives of the families that we aim to serve.”

This is not the first recognition that FFT has seen. FFT is also a [Blueprints for Healthy Youth Development](#)-certified [model program](#). Blueprints promotes interventions with the strongest scientific support and “model” interventions meet a high standard and provide confidence in the program’s capacity to change behavior and targeted outcomes.

FFT has partnered with government and community providers to launch over 350 sites worldwide. Participating countries include New Zealand, Australia, Scotland, England, Norway, Denmark, Canada, the Netherlands, Singapore and over 35 of the 50 United States. FFT serves over 45,000 families each year.

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[Functional Family Therapy](#) (FFT) has received international recognition for its outcomes in helping troubled youth and their families to overcome delinquency, substance abuse and violence through its short-term treatment strategy. FFT helps to save families while preventing crime and victimization in communities. Follow FFT on [Facebook](#) and [Twitter](#) or visit their website at [fftilc.com](http://fftilc.com) to learn more.